



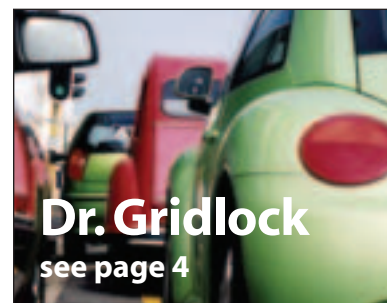
Friendship Heights

VILLAGE NEWS

JUNE 2005

301-656-2797

VOLUME 20, NO. 1



Dr. Gridlock
see page 4

Looking for a solution in Darfur: Seminar at the Center

The situation in the western Sudanese region of Darfur is the worst humanitarian and human rights crisis in the world, according to the United Nations. More than two million people have fled their homes and as many as 300,000 people may have died. Two distinguished experts, John Prendergast and Taylor Seybolt, will discuss the current situation in Darfur at the Village Center on **Thursday, June 30, at 7:30 p.m.** Former Sudanese Ambassador Francis Dent has also been invited.

The conflict in Darfur began two years ago, when non-Arab Muslim rebel groups attacked military installations. Arab militiamen, known as the Janjaweed, commissioned by the government fought back, attacking villages and causing more than two million people to flee. Refugees from Darfur report the horse-mounted members of the Janjaweed riding into villages, slaughtering men, raping women and stealing whatever they can find. The conflict has been widely described as "ethnic cleansing", and frequently as "genocide." Most citizens have fled their destroyed villages for camps in Darfur's main towns but U.N. aid workers say there is not enough food, water or medicine. They predict that many thousands are at

continued on page 13

It's a square dance and ice cream social

Get ready to kick up your heels as the Friendship Heights Village Center hosts a summertime square dance on **Friday, June 17, from 7 to 8:30 p.m.** Square dance caller Laura Brown will be on hand to call and the band will have you tappin' your toes to the tunes. Gifford's Ice Cream will be here with ice cream sundaes. Whether you're joining in the dancing or just watching the action, the evening promises to be fun for the whole family.

The cost of the evening is \$4 per person. Space is limited. Please sign up at the Village Center at 301-656-2797 if you plan to attend. See you there.



Sculpture and Fine French Dining in New Jersey in July

Imagine fine dining amid a beautiful sculpture garden at a restaurant named Rat's. That's what you'll discover when we travel to Hamilton, N.J., to view a sculpture garden and dine at the famous Rat's Restaurant on **Wednesday, July 13.**

The menu includes a choice of gazpacho or seasonal greens with a champagne vinaigrette; tenderlion of beef with duchesse potatoes and braised greens, grilled sea scallops with charred corn, tomato chutney and couscous, or pan-roasted chicken breast with ratatouille and roasted red bliss potatoes, for an entree; and eclair with fresh strawberries or a selection of ice creams and sorbets for dessert.

Following lunch, we'll enjoy a guided tour of the "Grounds for Sculpture" garden, which features 220 sculptures, including 13 by J. Seward Johnson.

We'll depart from the Center at 8:45 a.m. and return by 8 p.m.

The cost of the trip is \$92, which includes transportation, admission and tour of Grounds for Sculpture, lunch at Rat's and all taxes and gratuities. Residents may sign up immediately; non-residents may sign up beginning June 7. The deadline to sign up is June 9. There are 28 spaces available.

Award-winning chef to speak at center... see page 4

CHILDREN'S PROGRAMS

Camp Friendship is back

Camp Friendship is coming back this summer with puppets, pizza, pool parties, creative crafts, and a little bit of magic. Children ages 3 through 8 years of age are invited to join in the fun at Camp Friendship, a summer camp featuring arts, crafts, music and more. The week-long program begins **Monday, July 18 and continues each day through Friday, July 22.** Each session begins at 10:30 a.m. and ends at 12 p.m. Children and their parents or guardians are invited to bring a picnic lunch to enjoy from noon to 12:30 p.m. Events will include a Bob Brown Puppet Show, pizza and pool party, crafts days and a special magical finale.

Children must be accompanied by a parent or caregiver.

The cost is \$35 per child for all five sessions. Sign-ups begin immediately at the Village Center. Sign up early because this camp fills up fast. There are 20 spaces available.



Animals, Animals, Animals

Children of all ages, but especially those 2 to 10, will enjoy a morning storytime with noted storyteller Ellouise Schoettler, on **Thursday, June 23, from 11:30 a.m. to 12:15 p.m.** at the Village Center. Animals will be the focus of the stories told by Ellouise, a storyteller and fiber artist who also works locally with the Audubon Society. Children must be accompanied by a parent or caregiver. The event is free; please call the Village Center at 301-656-2797 if you plan to attend.



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the July issue is June 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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ON the GO...

A tour of Presidents' homes

Join us on Flag Day, **Tuesday, June 14**, for the "Where Presidents Lived" tour of Washington. Led by Anthony Pitch, award-winning author and Smithsonian tour guide, this lecture on wheels is full of anecdotes, stories, and little-known history. See the homes where 20th century Presidents lived before and after the White House. As a bonus, glimpse embassies and grand homes of foreign ambassadors, and the residences of famous Washingtonians of the past and present.

We will depart the Center at 1:30 p.m. and return about 3:30 p.m. The cost of the tour is \$30. **Please note: the tour does not include interior visits. There is no restroom on the bus and we do not get off the bus at all during the tour.**



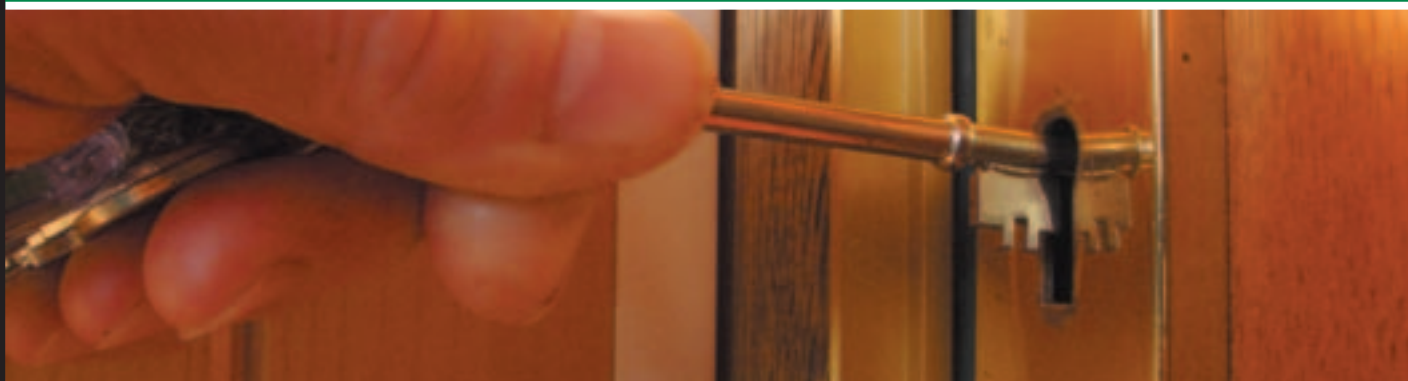
A trip to hear the BSO at Strathmore

A few tickets remain for the concert on **Thursday, June 9** at Strathmore Music Hall. The Baltimore Symphony Orchestra will play Rimsky-Korsakov's "Russian Easter Overture," Beethoven's "Piano Concerto No. 1," and Prokofiev's "Symphony No. 7."

We will leave the Village Center at 7:15 p.m. and return by 10:30 p.m. The cost for the trip is \$69, which includes a ticket in the Orchestra tier, transportation, and driver gratuity.

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Village Voices

Nancy Roman, the first Chief of Astronomy at NASA

Friendship Heights Village resident Nancy Roman always wanted to be an astronomer.



When she was 11, she organized a "club" among her friends that met once each week to learn the constellations. Later, she read every astronomy book in the local library. High school counselors and college professors made it clear that astronomy was not a field for a woman and tried to discourage her. But she was stubborn.

Ms. Roman will speak at the Village Center on **Wednesday, June 29, at 3 p.m.** about her career at NASA that included the development of the Hubble Space Telescope. Please join us and learn more about this fascinating neighbor. Light refreshments will be served. Let us know if you are coming by calling 301-656-2797.

Reminder:

The Washington Post's Marc Fisher will speak at the Village Center on **Thursday, June 2, at 7:30 p.m.** on how the news media have changed in recent years. Please sign up in advance by calling the Village Center at 301-656-2797.

Ask Dr. Gridlock

Washington Post columnist Ron Shaffer, better known as Dr. Gridlock, will talk about local transportation issues at the Village Center on **Friday, June 24, at 1 p.m.**

Dr. Gridlock has been at the *Post* for 34 years and founded his very popular column in 1986. In it he tracks the region's traffic woes, finds the correct officials to answer drivers' questions, and responds to some of the hundreds of letters he receives each month. He describes himself as "the Ann Landers of commuters."

Dr. Gridlock is interested in hearing concerns from Village residents, so have your questions ready. Light refreshments will be served; please let us know you are coming by calling 301-656-2797. Seating is limited to 75.



Award-winning chef to speak at Center

Bob Kinkead, winner of the James Beard Award for Best American Chef and owner of Washington D.C.'s most popular seafood restaurant, will discuss his book, *Kinkead's Cookbook: Recipes from Washington D. C.'s Premier Seafood Restaurant*, at the Village Center on **Thursday, June 23, at 7:30 p.m.**

Mr. Kinkead is a self-taught chef who began his cooking career as a teenager working summer restaurant jobs on Cape Cod. He opened Kinkead's in 1993 to immediate critical success. He also owns Colvin Run Tavern in Tyson's Corner.

In his cookbook Mr. Kinkead presents more than 120 recipes as well as lessons on cooking and serving, secrets of selecting and preparing fresh seafood, and colorful stories from his years in the restaurant business.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for sale. There will be a drawing for a signed copy of *Kinkead's Cookbook* at the end of the evening.

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Advance medical planning: make your wishes known

The intense media coverage of Terri Schiavo, who died amid controversy about her wishes for treatment, caused people of all ages to think about creating living wills. A little reading makes it clear that putting end-of-life wishes into writing isn't as simple as it might appear. Friendship Heights attorneys Shelton Binstock and David Torchinsky will speak at the Village Center on **Monday, June 27, at 7:30 p.m.** about the different legal documents everyone should consider.

"Medical directives," living wills," and "health care powers of attorney" are some of the terms you may have heard. How are they different? Which is best? Call 301-656-2797 to reserve a seat to learn the answers at this seminar.



Mayor O'Malley to speak at Village Center

Martin O'Malley, Mayor of Baltimore, will speak at the Village Center on **Monday, June 6, at 7:30 p.m.** He will talk about what is happening in Baltimore, as well as in the state.

Seating will be limited. Please sign up in advance by calling the Village Center at 301-656-2797.

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PLAYING on the BIG SCREEN

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Thursday, June 2, 7:30 p.m. — Marc Fisher— see page 4 for details.

Thursday, June 9, 7:00 p.m. —Vera Drake—Written and directed by Academy Award-nominee Mike Leigh and set in England during the 1950s, this movie revolves around Vera, whose unrelenting dedication to her family is well known throughout her blue-collar town. However, there are more people than her rapidly aging mother and ill neighbor who depend on Vera's care. Though abortion was illegal and, of course, widely frowned upon in the '50s, Vera sees women going through unwanted pregnancies the same as she would anyone else — human beings deserving of treatment. With this in mind, she regularly induces miscarriages for those who need them, and her patients are consistently grateful for her gentleness and under-

standing. Unfortunately for Vera, the law doesn't see her as aiding those in need; they interpret the abortions as murder, as do most of the other people in her life. When Vera's activities are revealed, her family life and relationships with those around her — including the ones she helped nurse back to health — are put in jeopardy. Stars Imelda Staunton. Rated R. Running Time: 125 minutes.

Thursday, June 16, 7:30 p.m. — Café Muse, see page 14 for details.

Thursday, June 23, 7:30 p.m. — Book signing with Bob Kinkead, see page 4 for details.

Thursday, June 30, 7:30 p.m. — Lecture on Darfur, see cover for details.



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4:30 p.m. Presentation, 5:30 p.m. Reception and Book Signing

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Please reply by Wednesday, June 15 to Tammy Wilson at (301)986-6756

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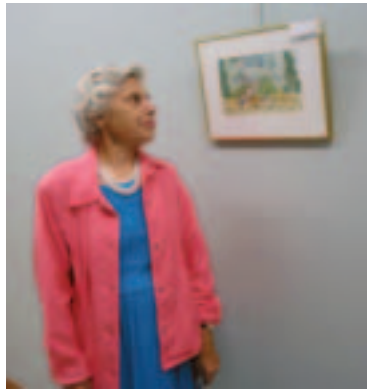
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FRIENDSHIP GALLERY



Photos from the 2004 MCAA reception

Montgomery County Art Association to exhibit this month

The Montgomery County Art Association will hold a juried exhibit at the Friendship Gallery in June. All are invited to meet the artists at a reception on **Sunday, June 12, from 11:30 a.m. to 1:30 p.m.** This year's judge is Marilyn Banner. In addition to teaching and exhibiting art, Ms. Banner has been active as an arts activist and organizer. She is co-founder and co-director of Washington Musical Viva*, a popular new music, poetry, and visual arts performance series, which takes place in her Kensington, MD studio. She is presently regional coordinator of No Limits for Women in the Arts, a national organization.

MCAA was established in 1954 and its members come from the entire metropolitan area. The organization offers opportunities to network with other artists and learn how others are solving art-related challenges. MCAA has monthly meetings at Strathmore Hall. Check their website, www.montgomeryart.org, for details

The exhibit begins June 1 and runs until June 30. Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive.

Three cheers for community art show

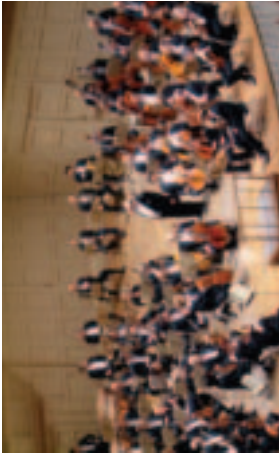
The Village of Friendship Heights will sponsor a multi-media juried Fourth of July exhibition in conjunction with the annual Celebration at the Village Center. Suggested subjects include family gatherings, parades, fireworks, picnics, heroes, speeches, etc. Prizes will be awarded to the top winners. The exhibition is open to all artists.

Conditions of entry are: artists may submit one work of art in any medium; framed works should not exceed 48 inches in any direction, including the frame; large works should be framed with plexiglass; all hanging works should have screw eyes and wire, ready to hang; canvases may not be wet; and, sculpture should not exceed fifty pounds.

David Daniels will be this year's judge. Mr. Daniels is an accomplished watercolorist who teaches painting at Montgomery College, the Smithsonian Institution, and privately in his Silver Spring studio. Entry forms are available at the Village Center. Artwork may be delivered there June 29 between 6:30 and 8:30 p.m. or June 30 between 10 a.m. and noon. There is a non-refundable entry fee of eight dollars.

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Friendship Heights
Village Center




Calendar
of Events

2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
J	U	N	E			
5 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	6 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Mayor Martin O'Malley	7 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	1 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 5:45 p.m.: Depart for Kennedy Center 7:30 p.m.: Concert: Machaya Klezmer	2 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7:30 p.m.: Marc Fisher on the Media	3 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge	4 7:30 a.m.: Depart for Pennsylvania 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
12 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	13 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 PM.: FRIENDSHIP HEIGHTS COUNCIL MEETING	14 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Spanish 2 1:30 p.m.: Presidents' Homes Tour 1 – 2:45 p.m.: Blood Pressure 3 – 4 p.m.: Tea 3-5 p.m.: Suburban Nurse 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	8 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Suburban Lecture 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Barefoot Puppets	9 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7 p.m.: Movie: Vera Drake 7:15: Depart for Strathmore	10 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Edita Vinnitskaya and Anna Rakoczy 1 p.m.: Drop-in Bridge	11 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
19 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	20 9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	21 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1:45 p.m.: Depart for Outlets/ L'Auberge 1 – 2:45 p.m.: BloodPressure 3-5 p.m.: Suburban Nurse 3 – 4 p.m.: Tea 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	15 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Vocal Express	16 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Café Muse	17 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge 7-8:30 p.m.: Square Dance and Ice Cream Social	18 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
26 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	27 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Living Wills	28 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	22 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Alexandria Citizens Band	23 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11:30 a.m.: Storytelling with Ellouise Schoettler 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Bob Kinkead	24 10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge 1 p.m.: Dr. Gridlock	25 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
26 9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	27 9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Living Wills	28 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	29 9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Early Days of NASA 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Bethesda-Chevy Chase Jazz Combo	30 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 11:30 a.m.: Bones for Life 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Panel discussion on Darfur		

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Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

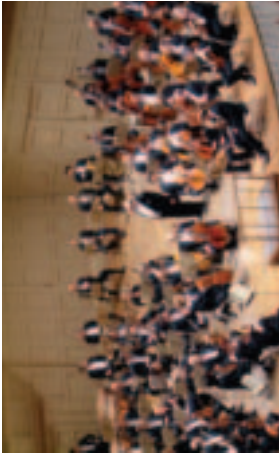
The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT

June's special lunch, prepared by Dwight Robinson of Brighton Gardens, will be held on **Friday, June 10, at 12:15 p.m.** The menu will include green salad, tortellini with Marinara sauce and grilled Italian sausage, and strawberry layer cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, June 8.

After lunch, please stay to enjoy a very special concert performed by Edita Vinnitskaya and Anna Rakoczy at **1 p.m.** Ms.Vinnitskaya, internationally known pianist, has won numerous awards in Armenia and in the United States. Flutist Anna Rakoczy, who is in this country for only a few months, has been a recitalist and orchestra player in Hungary and is leader of the Rakoczy Wind Quintet, which has won several awards in Europe. Don't miss this rare opportunity to hear these two musicians together.

Friendship Heights
Village Center



Calendar
of Events


2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
J	U	N	E			

5	6	7	8	9	10	11
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Mayor Martin O'Malley	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 1 p.m.: Suburban Lecture 1 p.m.: Health Insurance Counseling 1 p.m.: Portraiture in Pencil and Pastel 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Barefoot Puppets	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7:30 p.m.: Marc Fisher on the Media	10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Edita Vinnitskaya and Anna Rakoczy 1 p.m.: Drop-in Bridge	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
12	13	14	15	16	17	18
9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 8 PM.: FRIENDSHIP HEIGHTS COUNCIL MEETING	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Spanish 2 1:30 p.m.: Presidents' Homes Tour 1 – 2:45 p.m.: Blood Pressure 3 – 4 p.m.: Tea 3-5 p.m.: Suburban Nurse 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Vocal Express	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11 a.m. – 4 p.m.: Village Playtime 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Café Muse	10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge 7-8:30 p.m.: Square Dance and Ice Cream Social	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
19	20	21	22	23	24	25
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1:45 p.m.: Depart for Outlets/ L'Auberge 1 – 2:45 p.m.: BloodPressure 3-5 p.m.: Suburban Nurse 3 – 4 p.m.: Tea 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 1 p.m.: Health Insurance Counseling 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Alexandria Citizens Band	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11:30 a.m.: Bones for Life 11:30 a.m.: Storytelling with Ellouise Schoettler 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30: Book signing with Bob Kinkead	10 a.m.: Conversational Spanish 10:30 a.m.: Coffee and Current Events 1 p.m.: Drop-in Bridge 1 p.m.: Dr. Gridlock	8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
26	27	28	29	30		
9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Beginning Bridge 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga 7:30 p.m.: Living Wills	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 p.m.: Conversational Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 6:45 p.m.: Drawing and Painting 7 p.m.: Mat Pilates	9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Portraiture in Pencil and Pastel 3 p.m.: Early Days of NASA 6:30 p.m.: Spanish for Travelers 7:30 p.m.: Concert: Bethesda-Chevy Chase Jazz Combo	8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 11:30 a.m.: Bones for Life 6:30 p.m.: Scrabble 7 p.m.: Bones for Life 7:30 p.m.: Panel discussion on Darfur		

Shuttle bus hours

Monday through Friday 6:40 a.m. to 9:40 p.m.
Saturday and Sunday 8 a.m. to 7 p.m.



eg

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.
Friday 9 a.m. to 5 p.m.
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT

June's special lunch, prepared by Dwight Robinson of Brighton Gardens, will be held on **Friday, June 10, at 12:15 p.m.** The menu will include green salad, tortellini with Marinara sauce and grilled Italian sausage, and strawberry layer cake for dessert. The cost is \$7, which must be paid when you make your reservation. Please reserve your seat by Wednesday, June 8.

After lunch, please stay to enjoy a very special concert performed by Edita Vinnitskaya and Anna Rakoczy at **1 p.m.** Ms.Vinnitskaya, internationally known pianist, has won numerous awards in Armenia and in the United States. Flutist Anna Rakoczy, who is in this country for only a few months, has been a recitalist and orchestra player in Hungary and is leader of the Rakoczy Wind Quintet, which has won several awards in Europe. Don't miss this rare opportunity to hear these two musicians together.

CLASSES and CLUBS

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

NEW CLASSES

BONES FOR LIFE (Daytime)

This class is based on Moshe Feldenkrais's teachings. Improve posture, stability, and flexibility and give your bones what they need for health. New this session: lessons while seated for those who spend long hours at computers or are just not comfortable on floor mats. The 4-week series meets Thursdays from 11:30 a.m. to 1 p.m. Cost is \$40. Begins June 9. The instructor, Hedy Ohringer, is certified in the Feldenkrais method and Bones for Life. Classes are designed for new and returning students. Session ends June 30.

BONES FOR LIFE (Evening)

See description above. The 4-week series meets Thursdays from 7 to 8:30 p.m., Cost is \$40. Begins June 9 and ends June 30.

DRAWING AND PAINTING (Evening)

A 12-week course for all skill levels, taught by Doris Haskell, begins June 14. Meets Mondays from 6:45

to 8:45 p.m. Cost is \$60 for residents; \$80 for nonresidents. Session ends August 30.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class is taught by Marianne Winter and begins June 1. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Ms. Winter is an award-winning artist and photographer. Please bring a pad and pencil or pastel to the first class. The cost is \$60. (Maximum number of students is 8). Session ends July 6.

SPANISH FOR TRAVELERS

This 10-week class is taught by Elena Marra-Lopez and begins June 8. Meets Wednesdays from 6:30 to 8:30 p.m. For students with little or no knowledge of the language who wish to acquire just enough Spanish to survive situations in a restaurant, airport, hotel, post office, bank, etc. The cost is \$165 for residents, \$175 for nonresidents and \$100 for anyone 65 or older. Session ends August 10.

STRENGTH TRAINING WITH NRH REGIONAL REHAB (Monday)

A certified athletic trainer from NRH Regional Rehab in the Chevy Chase building leads a strength and conditioning class for seniors. This 10-week session begins June 13. There is no class on July 18. Meets Mondays at 11:30 a.m. Cost is \$50. Please register by phone at 301-986-4745.

STRENGTH TRAINING WITH NRH REGIONAL REHAB (Wednesday)

See description above. A 10-week session begins June 15. There is no class on July 20. Meets Wednesdays at 11 a.m. Cost is \$50. Please register by phone at 301-986-4745.

TAI CHI (Tuesday)

This 6-week session begins June 7. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends July 12.


TAI CHI (Thursday)

This 6-week session begins June 9. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends July 14.


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YOGA (Evening)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins June 6. Meets Mondays from 7:30 to 8:50 p.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and mat (can be purchased at class). Don't eat for 2 hours before class. The cost is \$80 for residents and \$95 for non-residents. Session ends August 1. (Students who must miss a class may make it up in the Sunday morning class).

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/ SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is available for consultations Tuesdays, 3 to 5 p.m.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon. Led by group members.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members.

Meets Mondays 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Margarita Babb, 301-656-8684, for more information.

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OPEN DAILY

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Hubert Humphrey Park. In case of inclement weather, concerts will be performed in Huntley Hall.

Wednesday, June 1 — Machaya Klezmer. This high-energy, nationally recognized klezmer band returns to Friendship Heights to open our summer concert series. Formed in 1988, the band has mastered the feeling and dynamism of authentic Klezmer music and has duplicated that marvelous and lively sound of the famous Klezmer bands of the 1930s. The band features Susan Jones, Barbara Hess, Jay McCrensky, Fred Jacobowitz, and Brian Choper.

Wednesday, June 8 — Barefoot Puppets present African Tales. This family-friendly puppet performance presents two folk tales from West Africa. The two stories are from the Ashanti and Beluba peoples; both feature Anansi the spider as their main character. The puppeteer combines wonderful artistry with audience participation to create a high-energy show with fun for all ages.

Wednesday, June 15 — Vocal Express. Vocal Express was founded in 1955 with 12 singers. Created to perform American popular tunes in year-round shows, the group plays show tunes, popular songs, country, calypso, jazz and rock 'n' roll. The group has appeared at the National Theatre's "Monday at The National" among other local venues.

Wednesday, June 22 — Alexandria Citizens Band. The Alexandria Citizens Band, the oldest performing arts group in Alexandria, was organized in 1912 as the American Indian Guards Band. Its first public performance was at Alexandria's George Washington Birthday Parade followed by send-offs to World War II troops at the railroad station. Today, the band consists of former military bandsmen along with other adult musicians from the D.C. area, and

performs under the leadership of former Air Force musician, Tony Valenti, known for his decades-long stint as bandleader of the house band at Boling Officers's Club. The band's programming includes light classics, music from Broadway, and occasionally, a polka or cha cha with an invitation to the audience to dance along.

Wednesday, June 29 — Bethesda-Chevy Chase High School Jazz Combo. Bethesda-Chevy Chase High School Jazz Combo, performs at a variety of venues in the Metropolitan D.C. area. This year's members are Colin Asher on saxophone, Andrew Lebovich and Anjan Mukherjee on drums, Eric Jaffe and Natty Sergay on piano/keyboard, Dan Hanrahan and Matt Winnick on guitar, and Juan Fernandez and Scott Smith on bass.

Join us for shopping and Chez Francois

Satisfy that shopping craving and sit down to a delicious dinner at one of the area's finest French restaurants when we travel to Leesburg Corner Premium Outlets for an afternoon of shopping. Then enjoy a five-course gourmet dinner at the famed L'Auberge Chez Francois in Great Falls, Va., on **Tuesday, June 21.**

The Leesburg Outlets offer something for everyone—designer and sportswear apparel, children's clothing, shoes, luggage and leather goods, housewares, jewelry, and gifts and specialty items. Among the stores are Anne Klein, Ann Taylor, Barney's New

York, Brooks Brothers, Burberry, Chico's, Jones New York, Kenneth Cole, Liz Claiborne, Maidenform, Cole Haan, Naturalizer, Rockport, Johnston & Murphy, OshKosh B'Gosh, Little Me, Carters, Etienne Aigner, Crate and Barrel, Reed & Barton, Williams-Sonoma, Restoration Hardware, Pottery Barn, Storehouse Clearance Center, Smithsonian, and Paper Factory.

L'Auberge Chez Francois, a charming French country inn, was chosen for 18 consecutive years as the area's best special occasion restaurant by *Washingtonian* readers. Each Tuesday, the restaurant offers

a dinner at a special price. The gourmet five-course dinner features one meat or fish, as well as an appetizer, salad, intermezzo, and dessert.

We'll depart from the Center at 1:45 p.m. and should return by 8 p.m.

The cost of the trip is \$77, and includes transportation, a five-course dinner at L'Auberge Chez Francois, and all taxes and gratuities. Residents may sign up immediately at the Village Center; nonresidents may sign up beginning June 8. There are 28 spaces available. The deadline is June 13.

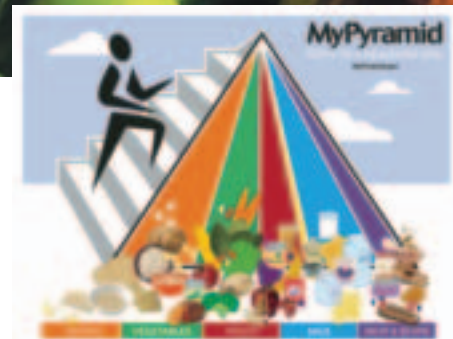
TO YOUR HEALTH

Looking for a solution in Darfur, continued from front cover risk of starvation and disease in the camps — and one million children are threatened by malnutrition.

John Prendergast is special adviser to the president of the International Crisis Group, an independent, non-profit, multinational organization, which works to prevent and resolve deadly conflict through analysis and advocacy. Mr. Prendergast has traveled extensively in Africa and has visited the rebel-held areas of Darfur often. He was also special adviser to the U.S. State Department on conflict resolution in Africa and served as director of African Affairs at the National Security Council. In an editorial in *The Washington Post* last February, Mr. Prendergast wrote of a visit to Darfur and Chad he made with Don Cheadle, Academy Award nominee for his role in "Hotel Rwanda." "The international response remains confused, inadequate, timid, and criminally negligent," he wrote.

Taylor Seybolt is Program Officer at the United States Institute of Peace, an independent, nonpartisan federal institution created by Congress to promote the prevention, management and peaceful resolution of international conflicts. Dr. Seybolt was previously the director of the Conflicts and Peace Enforcement Project at the Stockholm International Peace Research Institute.

Please sign up in advance by calling the Village Center at 301-656-2797.





You are what you eat

At this month's Suburban Lecture on **Wednesday, June 8, at 1 p.m.**, Kathleen Toester, a dietician from Suburban Hospital, will review the new FDA nutritional guidelines and changes to the food pyramid. She will give you information about what you should be eating for your age and activity levels.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

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Cafe Muse presents...

This month's Café Muse, on **Thursday, June 16, at 7:30 p.m.**, presents poets Greg McBride and Eric Pankey.

Greg McBride is an attorney whose work appears in *32 Poems*, *Aethlon*, *Baltimore Review*, *Connecticut Review*, *Folio*, *The Gettysburg Review*, *Minimus*, *Poet Lore*, *Potomac Review*, and elsewhere.

Eric Pankey is the author of five

collections of poetry. His poems, essays, and reviews have appeared in *Antaeus*, *The Antioch Review*, *The Gettysburg Review*, *The New Republic*, *The New Yorker*, and many other publications.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the

Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has published contemporary and sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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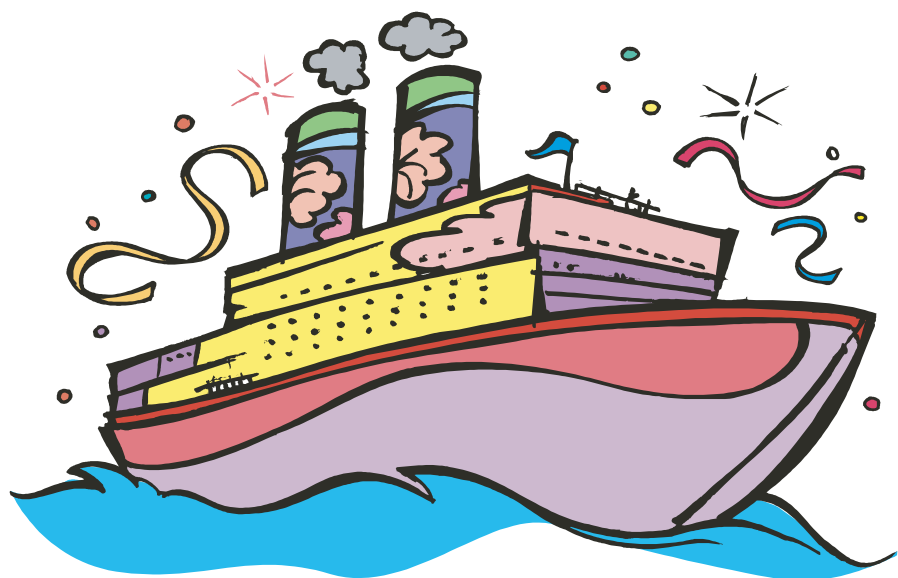
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Mehmet has over 21+ years real estate experience in the Washington Metropolitan Area, he is a resident in the center of Friendship Heights at 4620 North Park Avenue, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

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CRUISE SCHEDULE

June 9	Mediterranean
July 14	Hawaiian Luau
August 11	American
September 8	African

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RSVP to Danielle Rupp or Sue Erim at 301-656-1900 one week before each event.
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Village Council Corner

With this issue of the *Village News*, we are introducing a new feature on the back page. Check this space every month for a report on Village Council actions and a summary of the most recent Council meeting. Also look for more expanded articles in *The Council Report*, published separately.



Village Council members (l to r): Elizabeth Demetra Harris, Melanie Rose White, Bob Schwarzbart, Alvan Morris, Chip Mudd, Maurice Trebach, Frank Valeo.

Village Council members were sworn in on May 16 and then held their first public meeting of the new term. Council members were selected for the following offices:

Mayor: Melanie Rose White

Chairman: Maurice Trebach

Vice Chairman: Leonard "Chip" Mudd

Secretary: Elizabeth Demetra Harris

Treasurer: Alvan Morris

Parliamentarian: Robert Schwarzbart

Historian: Frank Valeo

- The Council renewed the contract for bus service with First Transit, effective June 1, 2005, which will include a new bus. Look for details of the new bus in the *Village News* and *Council Report*.
- The Council approved a transfer of the security patrol contract from Amguard Security to Security Services of America (reflecting a sale of the company).
- The Council approved the audit proposal from Lindsey & Associates to conduct the FY 2005 Village audit.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

June 2005 events calendar